

COMMUNITY TRANSPORT

Health & Wellbeing



FESTIVAL

Tuesday 24th January

10am - 12pm

Burnby Hall Community Centre, Pocklington

A joint event:



EAST RIDING
OF YORKSHIRE COUNCIL



Dear Resident,

We invite you to the Community Transport Health and Wellbeing Festival on Tuesday 24th January

This Festival is an opportunity for members of the Pocklington and surrounding communities to come and discover the new community transport services that will be on offer within their community.

Community Transport is focused on providing transport solutions for those who are vulnerable, isolated and socially excluded, regardless of their age. Community Transport services are unique as they help to reduce the barriers to transport (rurality, accessibility and affordability) thereby reducing isolation. This enables users of our services to become more independent and socially active, thus, creating a healthier lifestyle for those using the service.

There will also be other agencies and organisation's in attendance, who will be updating everyone on important information and developments within their own organisation. Those attending are Health watch East Riding of Yorkshire, The Humber & Wolds Community Council, NHS Health Trainers, Beverley Community Lift, ERVAS and Age UK.

Please don't miss out on this opportunity to support your local community and also the development of Community Transport Services in your area

Thank you,

Andy Jackson

Development Co-ordinator

East Yorkshire Community Transport

Physical

Psychological

Social

Wellbeing

Economic

Environment



Humber & Wolds
Rural Community Council

healthtrainers

healthwatch
East Riding
of Yorkshire